



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SOUTHINGTON COMMUNITY YMCA GYMNASIUM SCHEDULE: AS OF 11/1/2021

MONDAY

5:00-6:30AM Basketball Shoot Around
11:45-2:00PM Pickleball
2:00-8:45PM Basketball Shoot Around

TUESDAY

5:00-6:30AM Basketball Shoot Around
12:45-2:30PM Pickleball
2:30-4:00PM Basketball Shoot Around

WEDNESDAY

5:00AM-6:30AM Basketball Shoot Around
12:45-3:30PM Pickleball
3:30-8:45PM Basketball Shoot Around

THURSDAY

10:45-12:45PM Basketball Shoot Around
12:45-2:30PM Pickleball
2:30-4:00PM Basketball Shoot Around
7:00-8:45PM Basketball Shoot Around

FRIDAY

5:00-6:30AM Basketball Shoot Around
12:45-3:30PM Pickleball
3:30-8:45PM Basketball Shoot Around

SATURDAY

3:00-5:00PM Basketball Shoot Around

SUNDAY

7:00-5:00PM Basketball Shoot Around

PROGRAM DETAILS

- No registration needed for Pickleball or Basketball.
- The Y will provide and clean all equipment. You may bring your own if you prefer.
- Masks may be removed if you are fully vaccinated.
- Masks must be worn until you are fully vaccinated.
- Masks should fully cover your nose & mouth.

**TIMES ARE SUBJECT TO
CHANGE EACH WEEK**

RACQUETBALL

Racquetball is back! All players must reserve their spot in advance at the Southington Fitness Desk. You may use our racquets, balls and goggles or bring your own. Some times are reserved for Wallyball and other YMCA programs.

Location: Southington Community YMCA Racquetball Courts

PICKLEBALL

Pickleball is back! Pickleball is a team racquet sport that is becoming very popular, especially among seniors. Please visit www.sccymca.org for the Gymnasium Schedule.

Location: Southington Community YMCA Gymnasium

SCCYMCA.ORG

YOUTH & TEEN PROGRAMS ACTIVITY GRID

(SCY) - Southington YMCA (YCS) - YMCA Camp Sloper

PRESCHOOL SPORTS	AGES	PRICE	MON	TUES	WED	THUR	FRI	SAT
Parent & Me Basketball	2-3	\$70 Members \$145 Non-Members						10-10:45AM (SCY - Gym)
Pee Wee Basketball	4	\$70 Members \$145 Non-Members						11-11:45AM (SCY - Gym)
Parent & Me Sports Spectacular	2-3	\$70 Members \$145 Non-Members						9-9:45AM (SCY - APR)
Pee Wee Sports Spectacular	4	\$70 Members \$145 Non-Members						10-10:45AM (SCY - APR)
YOUTH SPORTS	AGES	PRICE	MON	TUES	WED	THUR	FRI	SAT
Rookies Basketball	5-6	\$70 Members \$145 Non-Members						9-9:45AM (SCY - Gym) 12-12:45PM (SCY - Gym)
Rookies Sports Spectacular	5-7	\$70 Members \$145 Non-Members						11-11:45AM (SCY - APR)
Winners Basketball	7-10	\$70 Members \$145 Non-Members						9-9:45AM (SCY - Gym) 1:30-2:15PM (SCY - Gym)
Youth Golf	7-10	\$70 Members \$145 Non-Members						11:00-11:45PM (YCS)
SPECIAL INTEREST	AGES	PRICE	MON	TUES	WED	THUR	FRI	SAT
PE Madness	7-10	\$25 Members \$100 Non-Members		6-6:45PM (SCY - APR)		6-6:45PM (SCY - APR)		
Ninja Warriors	7-10	\$70 Members \$145 Non-Members						12-12:45PM (YCS)
Indoor Teen Volleyball	11-14	\$70 Members \$145 Non-Members					5:30-6:15PM (YCS)	6-6:45PM (Racquetball Court)
Family Outdoor Adventure	All Ages	\$70 Members \$145 Non-Members						1:30-2:15PM (YCS)
GYMNASTICS	AGES	PRICE	MON	TUES	WED	THUR	FRI	SAT
Parent & Me Gymnastics	1-2	\$25 Members \$100 Non-Members						8:15-9:00AM (SCY - APR)
Pee Wee Gymnastics	3-4	\$70 Members \$145 Non-Members						9:15-10:00AM (SCY - APR)
Rookies Gymnastics	5-6	\$70 Members \$145 Non-Members						10:15-11:00AM (SCY - APR)
Winners Gymnastics	7-10	\$70 Members \$145 Non-Members						11:15-12:00PM (SCY - APR)
WELLNESS	AGES	PRICE	MON	TUES	WED	THUR	FRI	SAT
Kids Fitness	7-14	Family Members FREE \$40 Program Members \$115 Non-Members		4:15-5:00PM (SCY)		4:15-5:00PM (SCY)		
Youth Strength Training	11-14	Family Members FREE \$40 Program Members \$115 Non-Members	4:15-5:00PM (SCY)		4:15-5:00PM (SCY)			

CONTACT INFO

Sports - Nick Charnysh - ncharnysh@sccymca.org

Southington Fitness - Brandon Riollano - brriollano@sccymca.org