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 FOR HEALTHY LIVING  
 FOR SOCIAL RESPONSIBILITY

# SOUTHINGTON COMMUNITY YMCA POOL SCHEDULE

**EFFECTIVE: NOVEMBER 1, 2021- DECEMBER 31, 2021 PLEASE NOTE TIME CHANGES**

Additional Holiday Hours available on back side of this schedule

<b>Lanes 1-5:</b> Adult Open & Lap Swim (Age 16+) <b>Lane 6 :</b> Walking/Exercise	<b>New Procedures</b> <b>In accordance with State and Local Guidelines</b>
<p><b>MON-WED-FRI</b>            5:15a-6a             6a-7a             7a-8a             8a-9a             11:15a-12:15p             12:15p-1:15p             1:15p-2:15p   <b>Fri only</b>            10:15a-11:15a</p> <p><b>TUES-THUR</b>            5:15a-6a             6a-7a             7a-8a             11:30a-12:30p             12:30p-1:30p             1:30p-2:15p</p> <p><b>SAT</b>            2:15-3:15p</p> <p><b>SUN</b>            12p-1p</p> <p>Additional Weekend times may become available once the Meet schedule has been finalized.</p>	<p><b>Before You Arrive at the Y</b>            Please make a reservation prior to arriving at the pool. You can reserve a lane by visiting <a href="http://www.sccymca.org/register">www.sccymca.org/register</a> or by calling 860-628-5597 and speak to a Member Services Rep. Reservations required. At this time, you may not make more than 3 reservations per week. There are many people looking to swim and not as many lanes available as people.</p> <p>All members should shower before arriving at the YMCA.</p> <p>The locker rooms are available, members are still requested to arrive at the Y wearing flip-flops, bathing suits, with a towel in order to minimize locker room time.</p> <p><b>When You Arrive at the Y</b>            All members will be required to enter through the front door</p> <p>All members who are not fully vaccinated should wear a face mask that covers your nose and mouth when you arrive, in the locker room and as you arrive and exit the pool area.</p> <p><b>When You Are at the Pool</b></p> <p>Please be sure to arrive at the beginning of your reserved time to best ensure that there will be enough space and enough time for you to use the pool.</p> <p>A kickboard and a pull buoy will be provided if needed</p> <p>It may be necessary to share a lane with another swimmer. We do not guarantee specific lanes for anyone. When sharing a lane- please start at opposite ends of the pool and do not stop at the same end.</p> <p>YMCA staff will be on hand to direct you to the appropriate lane to ensure social distance.</p> <p>All personal belongings will be kept in individual and separate laundry baskets while you are in the water.</p> <p>All baskets and equipment will be appropriately cleaned and sanitized throughout the day</p> <p>Exiting will be through the front door of the YMCA.</p> <p>Contact Barbara if you would like to try a 45 minute swim with your family on Sunday Nov 14<sup>th</sup>, Nov 21<sup>st</sup>, December 12<sup>th</sup>, Dec 26<sup>th</sup> - 3 Families Max; single lane for your family (from same household) Family Membership is required.</p>

**PLEASE NOTE:** Pool schedule is subject to change weekly  
 Any questions please call Barbara Glaude at 860-426-9553 or [bglaudef@sccymca.org](mailto:bglaudef@sccymca.org)

**POOL RULES:**

- Please note that soap showers are required by the State of Connecticut prior to swimming in the pool. It helps us maintain a clean facility.
- There is no jumping or diving allowed in the pool.
- Please do not hold your breath while swimming.
- The lifeguard has full authority.
- Long hair must be tied back or a swim cap must be worn.
- For your safety, you may be asked to perform a swim test.
- The pool is not open during thunder and lightning storms for your protection. The pool will be open 30 minutes after the last sound of thunder. Thank you for understanding.

**Additional Times Available for Holidays**

Sat Nov 20 <sup>th</sup>	12-1p	1-2p	
Fri Nov 26 <sup>th</sup>	9-10a	10-11a	2:30-3:30p
Sat Nov 27 <sup>th</sup>	12-1p	1-2p	
Wed Dec 22 <sup>nd</sup>	9-10a	10-11a	
Thurs Dec 23 <sup>rd</sup>	8-9a	9-10a	
Fri Dec 24 <sup>th</sup>	9-10a	10-11a	11-12p then closed for remainder of the day
Sun Dec 26 <sup>th</sup>	9-10a	10-11a	
Wed Dec 29 <sup>th</sup>	9-10a	10-11a	
Thurs Dec 30 <sup>th</sup>	8-9a	9-10a	
Fri Dec 31 <sup>st</sup>	9-10a	10-11a	11-12p then closed for remainder of the day

**Saturday Jan 1<sup>st</sup>- pool is closed****QUESTIONS & CONTACT INFO**

We appreciate your patronage to the Southington Community YMCA. Please see Barbara Glaude, Aquatic Director, with any comments, concerns or complaints. I want to hear from you.

Phone: (860) 426-9553  
Email: [bglaude@sccymca.org](mailto:bglaude@sccymca.org)